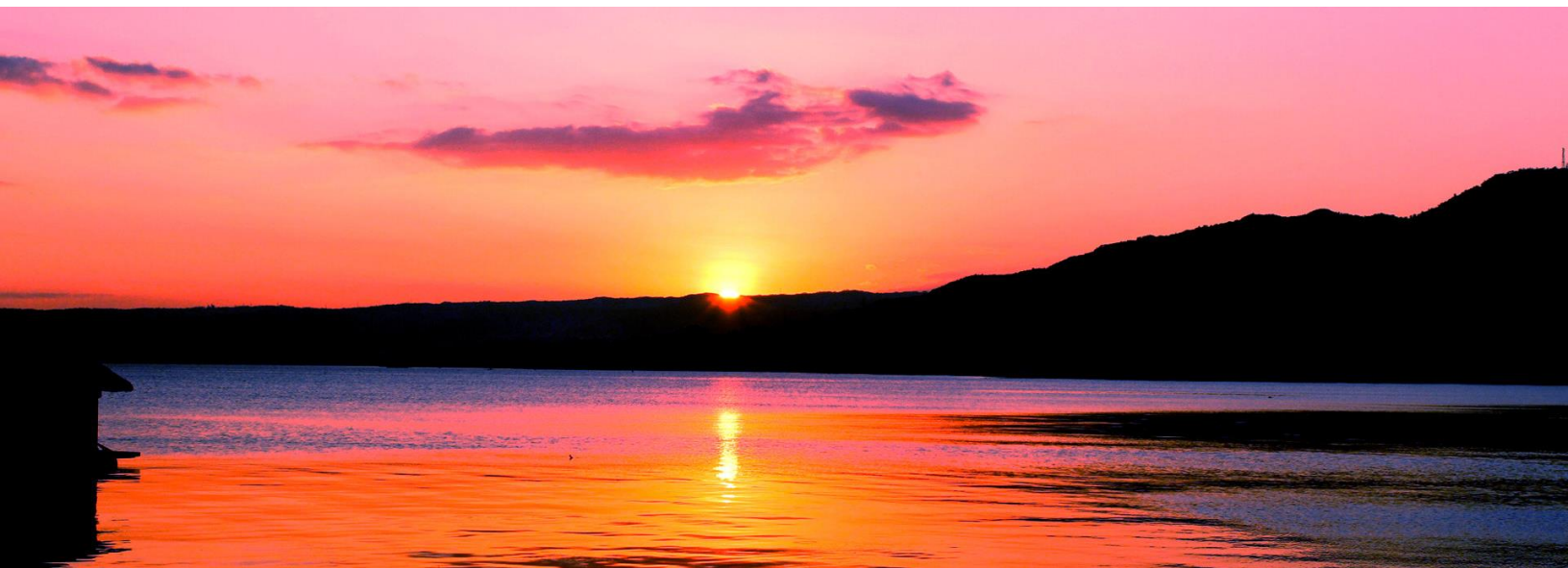


St. Mark's Chronicles

JUNE 2023



Clergy Corner

By The Rev'd Canon Lynne Thackwray

First of all, I must correct a mistake. The last Clergy Corner was written by Stephanie Pellow, not Lynne. However, this one is actually written by Lynne.

By the time you have received this newsletter we will be almost finished our next book study. We decided to go ahead and order one of the other Lenten suggestions – *Why Gather?* by Martha Tatarnic, another clergy in our diocese. She poses some interesting questions which I thought should be put out to the wider congregation of St. Mark's. The book's subtitle is "The Hope and Promise of the Church" which is very positive given the dwindling congregations and multiple church closures (not just Anglican).

Many congregations were hit hard by the pandemic. Some are struggling to recover and for some the writing on the wall indicates that they will never recover.

Continued on page 6.

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The Quiet Corner

Thanks to Lee Moir

April is the month of Spring
Where leaves are born and birds first
sing
And on that magical leafy bower
A nest is built hour by hour.

April is the month of showers
That bring in May the beautiful flowers
That brings to us the Spring of seasons
The beginning of GOD'S return to us
In glory and forgiveness for ever.

May follows the month of Spring
When flowers appear
To give us pleasure
And the birds do sing
The pleasures of
GOD'S BLESSING

May follows EASTER day
When CHRIST is risen
and all worship
The life HE has given to all

To live his way
That way all our life
The world will be
The Heaven we hold dear
Will we live all our life
To hold and cherish Forever

June is when
The days are long
And full of Sunshine
To our pleasure
And delight to be

So let the values
Of the LORD show forth
To let the values of HIM
Be front of our living
Way of life
This day and all to come
GOD bless us all

Did You Know?

By The Rev'd Canon Lynne Thackwray



Now that spring has come and the flowers are blooming the bees have returned and are active in our gardens.

Did you know that one of the first coins in the world had a bee symbol on them?

Did you know that there are live enzymes in honey?

Did you know that in contact with metal spoon these enzymes die? The best way to eat honey is with wooden spoon, if you can't find one, use plastic.

Did you know that honey contains a substance that helps your brain work better?

Did you know that honey is one of the rare foods on earth that alone can sustain human life?

Did you know that bees saved people in Africa from starvation?

One spoon of honey is enough to sustain human life for 24 hours?

Did you know that propolis that bees produce is one of the most powerful natural ANTIBIOTICS?

Did you know that honey has no expiration date?

Did you know that the bodies of the great emperors of the world were buried in golden coffins and then covered with honey to prevent putrefaction?

Did you know that the term "HONEY MOON" comes from the fact that newlyweds consumed honey for fertility after the wedding?

Did you know that a bee lives less than 40 days, visits at least 1000 flowers and produces less than a teaspoon of honey, but for her it is a lifetime.

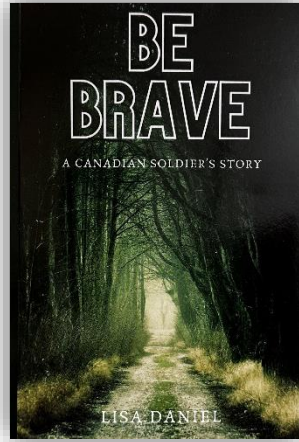
Thank you, BEES!

Book Review

Thanks to Lisa Daniel

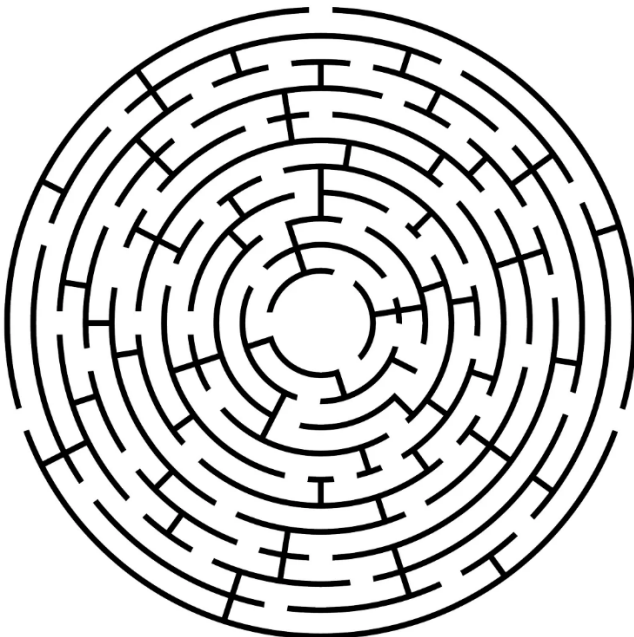
***Be Brave* by Lisa Daniel**

This book tells of one Canadian's story of life in the military. It is well written and speaks frankly of what it is really like to be in the army. Julie Flynn, one of our parishioners, is the author of this book and has been open about her experiences, sharing the good and the bad and how it has shaped her life. It is good for us to know how the military treats its soldiers, especially the women and it is good for someone who is thinking about joining the armed forces. If she is up to it you will find Julie in the parish hall after the service with books to sell or you can contact Lynne at the church.



A Maze

This maze has three possible solutions. Can you find them all



Poems for the Journey

***Walking* by Karen Morrisey**

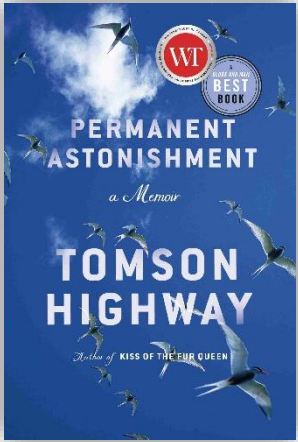


The snow has quickly melted..
 The river's running high.
 The robins are
 returning,
 You can hear Spring's early cry.
 The roaring of the
 water
 As it rushes o'er the weir
 is pushing forth new
 life.
 It's music to my ear.

The squirrels do rush about
 Finding all the nuts put by.
 The song birds lilt tunes,
 Sending music through the sky
 The ducks and geese, they
 gather
 By the river's flowing shore
 Looking for a house to
 build
 While the seagulls dip and soar
 Spring wakes up our
 senses
 After winter's sleepy hold.
 It hints of summer's beauty
 A new story to be told.

Book Review

Thanks to Jim Coupland



Permanent Astonishment: A Memoir by Tomson Highway

The title of this book would seem more appropriate for someone's response to coming to know Jesus instead of an account of the early life of a Cree born in a snowbank and living in Canada's sub-Arctic.

From that snow bank, Tomson Highway emerged, the eleventh child to be born to his parents, Balazee and Joe Highway, into their large family, although pneumonia had previously claimed the lives of five children at different stages of their lives. It was a hard life but his parents, his family and particularly Tomson enjoyed it. Indeed his favorite activity was laughing.

The memoir is rich with Tomson's experiences, as he grew up, among them singing along to a phonograph player, quaking in his moccasins as he listened to the sermon at church, and joyfully rising at 2 am before sunrise in the northern summer so that he could fish with his dad. However, it is at the Guy Hill Residential School that Tomson found his calling. He describes in detail the routines of the school, the dedication of the staff, the quarrels among the students, his joy of learning. However, it was with the preparations for Christmas and the other assemblies that Tomson discovers his main interests and talents were in music, and drama. Happily the school arranged for him to have private music lessons.

The memoir is rich in personal anecdotes, fascinating characters, particularly northern coping skills, and descriptions of the northern geography, as seen from a native Christian perspective. Reading it will either confirm your permanent astonishment or bring you to it.

Tomson Highway is an indigenous Canadian playwright, novelist and children's author. He is best known for his plays *The Rez Sisters* and *Dry Lips Ought Move to Kapuskasing*. In 2022 he was selected to deliver the 2022 Massey Lectures still available on the CBC.



94!

This is a picture of Helen Farewell on the occasion of her 94th birthday on May 18. She was in the hospital and 4 or 5 friends from St. Mark's came to celebrate with her. The Beudoins brought the lovely chocolate cake.

Helen isn't the only senior who celebrated her 94th birthday on May 18. A big HAPPY BIRTHDAY to Kay McGregor who is still living in her own home in Garafraxa Woods.

How will Charles be as 'Defender of the Faith'?

By John Fraser, edited by The Rev'd Canon Lynne Thackwray

Some years ago, when he was still the Prince of Wales, King Charles mused that if he actually made it to his Coronation Day he might prefer to swear support of all the mainstream religions by adjusting his title from "Defender of the Faith" to "Defender of Faith."



We now know that this remark did not go down well because of the special relationship the Sovereign has in his English realm with the state church. He is also the temporal leader of the (Scottish) Presbyterian Church when he is in Scotland, and that too is totally tied up in constitutional history and political realities. It created an interesting denominational anomaly last year when Queen Elizabeth died a Presbyterian in Scotland but was buried an Anglican in England.

In Canada, Charles is just the head of state and in some ways he has an easier time identifying with other denominations and faiths here than in the United Kingdom. For his part, King Charles reaches out beyond the narrow confines of denominationalism. He takes his role as a Christian leader quite seriously, and it is definitely an Anglican approach and open to sharing with all other denominations and faiths. Within Christianity, probably the denomination that most attracts him apart from Anglicanism is Eastern Orthodoxy. His father, Prince Philip, was Greek Orthodox and he is said to be attracted to the somber asceticism of Orthodoxy. "The queen was very explicit about her Christian faith, but Charles is of a different nature," Ian Bradley, a Scottish professor of spiritual history at the University of St. Andrew's, told the Washington Post last year. "His is more spiritual and intellectual."

On the day after Queen Elizabeth died, Charles addressed his people for the first time as king and he specifically noted his responsibility to the Church of England in which his own faith, he said, "is so deeply rooted." He continued, "In that faith, and the values it inspires, I have been brought up to cherish a sense of duty to others, and to hold in the greatest respect the precious traditions, freedoms and responsibilities of our unique history and our system of parliamentary government."

Charles is likely to try to be a bridge between both denominations and faiths. As anyone who has spent some time with him can attest, the fact that he is a sympathetic, generous and intelligent man is his greatest asset and also his sturdy armour against all the slings and arrows that will inevitably come his way. It is not all that easy these days to be a "defender of faiths."

An edited version of an article by John Fraser, author of several works on the role of the monarchy in Canada. A former Sunday school teacher and rector's warden, he is now a lay reader at St. Thomas's Church in Toronto.

Clergy Corner

By The Rev'd Canon Lynne Thackwray

Continued from page 1.

The question is "Where were you amid what were you doing when the pandemic became real to you? Without minimizing the loss and horror of COVID, what do you think the pandemic taught us about who we are and how we have gotten off track?"

People have been saying for years that the mainline church is stuck, in a decades long slump – big time. How has the story of decline in the mainline church affect you? Affected your relationship with the church?

As the clergy struggle to keep the church afloat – both spiritually and financially – do you think about their health and wellness. Is caring for them part of how your church attends to its overall wellness?

Martha writes about how our personal faith which is God at work in actual flesh-and- blood human persons – is at the heart of what it is to be a church, why the church matters, and how God might be able to use the church, the community of faith, to reveal healing and to pour out love into the world. We need one another. We need one another to know and to love Jesus. We need the community of faith and the stories of how God has been at work in actual, real lives in order to love and serve God. "We are the church." How does it shift our perspective on our relationship to the church to realize that, like it or not, the church is us?

At our best, Christianity does not claim a position of arrogance but one of open-hearted searching. We don't have the right answers; we have this astonishing permission to keep exploring all of the questions. In Acts 17:22-24, 26-27, the truth is clear and bold. No matter who we are or what culture or religion we are from, we are built with the desire to "search for God and perhaps grope for him and find him." And lo and behold, God is not far from each one of us. How do you connect with the idea that our faith gives us companionship and permission in exploring life's questions rather than an arsenal of all the right answers?

Depending on your experience with the church, you have probably known something, either personally or through the headlines, of how the church gets it wrong. You may have been hurt, even profoundly, by the church getting it wrong. Along with all the saints, the church is also filled with people who aren't just flawed, they are bad, deceitful, power-hungry, manipulative, predatory. Among all the risky things that Jesus did, leaving the continuation of his ministry up to us, was the riskiest of them all. Jesus doesn't just show up in our lives as companion and friend, Jesus shows up to redeem us. To be drawn into relationship God exactly as we are is to know healing and wholeness. Is this hard to accept? For ourselves and for others? That God could work in me and in you, even when we are so far from perfect?

To be continued

Quiz: Honouring National Indigenous Peoples Day

By The Rev'd Canon Lynne Thackwray

June is National Indigenous History Month and June 21 is National Indigenous Peoples Day in Canada. The day and the month provide opportunities to learn about the history, culture and contributions of Indigenous people in Canada. How much do you know about Indigenous people in Canada? Put your knowledge to the test with these 14 questions – good luck!

1. Which is the most widely spoken Indigenous language?
Mohawk. Cree. Inuktitut. Ojibway. Dene.
2. From 1953 to 1960, Fred Sasakamoose was the first Canadian Indigenous hockey player with treaty status in the National Hockey League. Which team was he on?
Montreal Canadiens. Boston Bruins. Vancouver Canucks. Chicago Blackhawks.
3. On the 2017 Canadian \$10 bill, James Gladstone, an Indigenous Canadian, is one of four people featured. Why was he on this bill?
He was the first Indigenous person in the Canadian Senate. He challenged racial discrimination laws in Canada. He invented artificial ice, used at hockey arenas. He was Canada's first Olympic gold medalist.
4. In late May, 2021, the Tk'emlups te Secwépemc First Nation confirmed that the remains of 215 children who were students of the Kamloops Indian Residential School were found using ground-penetrating radar. Since that time, thousands of unmarked graves have been found at former residential schools. When did Canada's last residential school close its doors?
1973. 1967. 1981. 1952. 1996.
5. Chief Dan George was an Indigenous chief who is also known for his work as an actor, musician, poet and author. Where was he chief?
Quebec. British Columbia. Ontario. Alberta. Saskatchewan.
6. The Nisga'a Final Agreement, also known as the Nisga'a Treaty was signed between the Nisga'a, the Province of British Columbia and the federal government. When was this historic agreement signed?
1996. 1998. 2002. 1994. 1992.
7. Which of Canada's provinces has the highest percentage of Indigenous people?
Quebec. Manitoba. Alberta. British Columbia. Prince Edward Island.
8. Mary Simon, an Inuk woman, is Canada's first Indigenous Governor-General. Where is she from?
Nunavut. Prince Edward Island. Nova Scotia. Quebec. Northwest Territories.
9. What is the name of the narrow watercraft used by Indigenous people in the Arctic?
Jet-ski. Dinghy. Kayak. Canoe.
10. Which Metis leader was also a founder of the province of Manitoba
William Lagimodière. Louis Riel. Malcolm Norris. Gabriel Dumont.
11. Where do the majority of Canada's Métis people live?
Newfoundland and Labrador. Prairies. Nunavut. Quebec.
12. What does the Iroquoian word "kanata" mean?
People. Village. Place. Land.
13. What are the three distinct groups of Indigenous peoples recognized in Canada?
Inuit, Metis, Mohawk. Metis, Cree, First Nations. First Nations, Inuit, Metis.
14. What are the constitutionally recognized agreements between the Crown and Indigenous peoples called?
Proclamations. Bills. Treaties. Commissions.

Answer available on page 9.

A Little Bit of Humour

By The Rev'd Canon Lynne Thackwray

Helping a Trucker

A lady motorist was about two hours from San Diego when she was flagged down by a man whose truck had broken down.....

The man walked up to the car and asked, "Are you going to San Diego?"

"Sure," answered the woman, "do you need a lift?"

"Not for me. I'll be spending the next three hours fixing my truck. My problem is I've got two chimpanzees in the back that have to be taken to the San Diego Zoo. They're a bit stressed already so I don't want to keep them on the road all day.

Could you possibly take them to the zoo for me? I'll give you \$100 for your trouble"

"I'd be happy to," said the woman.

So the two chimpanzees were ushered into the back seat of the blonde's car and carefully strapped into their seat belts, and off they went.

Five hours later, the truck driver was driving through the heart of San Diego when suddenly he was horrified! There was the blonde walking down the street, holding hands with the two chimps, much to the amusement of a big crowd.

With a screech of brakes he pulled off the road and ran over to the blonde.

"What are you doing here?" he demanded, "I gave you \$100 to take these chimpanzees to the zoo!"

"Yes, I know you did," said the blonde. "But we had money left over so now we're going to Sea World."

Setting the Table

Little Susan was mother's helper. She helped set the table when guests were due for dinner. Presently everything was on, the guest came in, and everyone sat down. Then Mother noticed something was missing.

"Susan," she said, "You didn't put a knife and fork at Mr. Smith's place."

"I thought he wouldn't need them," explained Susan.

"Daddy says he always eats like a horse!"

Letters Between Son and Dad

Dear Dad,

\$chool i\$ really great. I am making lot\$ of friend\$ and \$tudying very hard. With all my \$tuff, I \$imply can't think of anything I need, \$o if you would like, you can ju\$t \$end me a card, a\$ I would love to hear from you.

Love,

Your \$on

The Reply:

Dear Son,

I kNOw that astroNOmy, ecoNOmics, and oceaNOgraphy are eNOugh to keep even an hoNOr student busy. DO NOt forget that the pursuit of kNOwledge is a NOble task, and you can never study eNOugh.

- Dad

Recipe of the Month

Thanks to June Moir

Lemon Fluff

Ingredients

- 1 Lemon Pie Fill package
- 2 Eggs



Instructions

Follow instructions on Lemon Pie Fill package to cook the filling only. Put cooked filling into an attractive clear bowl. Prepare meringue as directed on the package. Fold into the cooked filling. After everything is in the bowl, refrigerate until ready to serve and enjoy.

Indigenous Quiz Answers

Questions available on page 7.

1. Cree
2. Chicago Blackhawks
3. The first Indigenous person in the Canadian Senate
4. 1996
5. British Columbia
6. 1998
7. Alberta
8. Quebec
9. Kayak
10. Louis Riel
11. Prairies
12. Village
13. First Nations, Inuit, Metis
14. Treaties

Church Information

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Website: www.saintmark.ca
 YouTube: [saintmarkorangeville](https://www.youtube.com/saintmarkorangeville)
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Phone: 519-941-0640
 Email: office@saintmark.ca

Services

Sunday Eucharist – 8:30 a.m.
 Sunday Choral Eucharist – 10:00 a.m.
 Thursday Eucharist – 10:00 a.m.

Office Hours

Monday to Friday
 9:00 a.m. to 12:00 noon

Food Cupboard Hours

Monday, Tuesday & Thursday
 11:45 a.m. to 12:45 p.m.

The Beacon Drop-In Centre

Monday, Wednesday & Friday
 11:30 a.m. to 2:30 p.m.

Address

5 First Avenue
 Orangeville, ON
 P.O. Box 22
 L9W 2Z5