

ST. MARK'S ANGLICAN CHURCH

LENTEN LETTER 2025



The beginning of Lent is late this year with Ash Wednesday falling on March 5. We are living in uneasy and uncertain times, politically and economically, not to mention the amount of snow! Many people are anxious and are wondering where to turn. Our faith in Jesus is where we would expect to find support, hope and meaning in our lives during these turbulent times.

Taking on a Lenten discipline is possibly for some the last thing they want to add to the pressures of living in these times. There are good reasons for giving up and/or taking on something during the 40 days of Lent. Lenten disciplines like prayer, self-examination, penitence, fasting, and almsgiving and by reading and meditating on the word of God are related to us in our Ash Wednesday service from the Book of Alternative Services. They are practiced to foster spiritual growth, reflect on Christ's sacrifice, and to help us to prepare to celebrate Easter. The forty days of Lent remind us of our dependence on God as we look for support, hope and meaning in our lives when we face political, economic or spiritual challenges.

There are a number of services and events that are happening over the Season of Lent at St. Mark's. Here are some of them:

ST. MARK'S LENTEN CALENDAR

Shrove Tuesday Pancake Supper (5:00 – 7:00 p.m.) – March 4

Ash Wednesday Service (7:00 p.m.) – March 5

Lunch & Learn with Fawad Sultani Topic: Refugees – March 9

Lenten Book Study-A New & Ancient Evangelism: Judith Paulson March 13-April 10

Brunch/Breakfast (after both services) – Sunday, March 23

Holy Week – April 13-19

Yours in Christ,

The Venerable Peter Scott